## What is claimed is:

1. A method of manufacturing a circuit board, comprising: a step of superposing on a supporting member a pattern layer in which circuit pattern cavities are formed in correspondence with a desired circuit pattern, and which is formed of a conductor or an insulator;

a step of filling the circuit pattern cavities with an electroconductive material;

a step of removing the pattern layer from the supporting member after filling with the electroconductive material; and

a step of transferring into an insulating material the circuit pattern formed by filling the circuit pattern cavities with the electroconductive material.

- 2. The method according to claim 1, further comprising a step of forming a mold release layer on the supporting member before the pattern layer is superposed on the supporting member, wherein said step of superposing the pattern layer on the supporting member comprises a step of superposing the pattern layer on the mold release layer so that the pattern layer is not combined with the mold release layer.
- 3. The method according to claim 1, wherein the circuit pattern cavities are filled with an electroconductive material different from the conductor by electroplating.

- 4. The method according to claim 1, wherein the circuit pattern cavities are filled with the electroconductive material by application or printing.
- 5. The method according to claim 4, wherein the electroconductive material is an electroconductive paste.
- 6. The method according to claim 1 or 3, wherein the pattern layer is formed of a photoresist.
- 7. The method according to claim 1, further comprising a step of forming a through hole in a predetermined portion of the insulating material and filling the through holes with an electroconductive paste, wherein said step of transferring the circuit pattern comprises a step of transferring circuit patterns into two surfaces of the insulating material, and wherein the predetermined portion is a portion for connection of at least part of the circuit patterns transferred into the two surfaces of the insulating material.
- 8. A communication appliance comprising:

a transmitter or a receiver having a high-frequency circuit including a circuit element mounted on a circuit board; and

an antenna;

whrein said circuit board is manufactured by the method according to claim 1.